

# Declaration of interests

*(Please note that high quality of scientific expertise is by nature based on prior experience and that therefore having an interest does not necessarily mean having a conflict of interest)*

Name : **Stefaan De Henauw**

Title: **MR.**

Profession : **University professor**

## Current EFSA Involvements

- Member - NDA Panel Experts (2018-2024)
- Hearing Expert - WG/P/NDA/2018/02 - Novel Foods 2018-2024
- Member - WG/P/NDA/2018/01 - Claims 2018-2024
- Member - NT/P/NUTRI/2019/01 - Network on Novel Foods
- Chair - WG/P/NDA/2019/03 - Food Allergy

## Interests

### I. Financial investments

No interests

### II. Managerial role

Period: **01/01/2009 - now**

Organisation: **Belgian Nutrition Society and Federation of European Nutrition Societies**

Impact on annual earnings: **0%**

*Subject matter:* Founding member, first president and subsequently vice-president of the Belgian Nutrition Society (BNS - founded in 2009, a non-profit scientific organisation, functioning with membership fees). The mission of BNS is to build an interdisciplinary network of scientists active in the field of human nutrition, to encourage scientific research and education (e.g. via scientific meetings, seminars, scientific activities for young researchers, etc.), and to disseminate scientific knowledge in the field of human nutrition in order to enhance public health (see also [www.belgiannutritionssociety.be](http://www.belgiannutritionssociety.be)). My role within BNS has been primarily on managing the overall governance of the BNS together with the other board members, to organize the scientific meetings and to represent BNS in the international platforms of FENS (Federation of European Nutrition Societies) and IUNS (International Union of Nutritional Sciences). My role within BNS is entirely on volunteer basis, with no financial compensations whatsoever, with focus on the public benefit and on promoting non-profit purposes, advancement of research/the development of education. In a similar way as my role in BNS, I am also secretary of the board of the Federation of European Nutrition Societies (FENS). FENS is international non-profit scientific organisation (financial means is from membership fees). The mission of FENS is essentially to combine efforts for the development of research and education (e.g. by means of summer schools, online trainings) in Nutrition Sciences and to promote the importance of

Nutrition for public health in Europe. See [www.fensnutrition.eu](http://www.fensnutrition.eu) for more information. My role as FENS Board secretary is mainly in the overall governance of FENS as society and in assisting in the organization of scientific meetings. My role within FENS is entirely on volunteer basis, with no financial compensations whatsoever, with focus on the public benefit and on promoting non-profit purposes, advancement of research/the development of education.

### III. Member of a scientific advisory entity

Period: **01/01/1996 - now**

Organisation: **Belgian Superior Health Council**

Impact on annual earnings: **<5%**

*Subject matter:* Since 1996 I am member of the Nutrition Section of the Belgian Superior Health Council (a public institution) and since September 2016 I am chairperson of this section. The nutrition Section of the Superior Health Council is the main independent scientific advisory body (with no Risk Management role) for the federal ministry of public health and its administration. Advice is given on a broad range of issues, including novel foods, nutrient reference values, nutrition and health topics and also food safety issues. The work as chairperson has no specific remuneration, except for travel cost refund and a fixed forfaitary payment of 60 euros per meeting.

### IV. Employment

Period: **01/01/2002 - now**

Organisation: **University College Ghent**

Impact on annual earnings: **between 5% and 25%**

*Subject matter:* The University College is a public institution, mainly funded by public source. the main field of activity is education and research. Since 2002 I am 20% lecturer at University College Ghent, teaching nutrition physiology and pathology for dietitian students.

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Period: **01/01/1996 - now**

Organisation: **Ghent University - Faculty of Medicine and Health Sciences**

Impact on annual earnings: **>25%**

*Subject matter:* The University is an public institution, mainly funded by public source. the main field of activity is education and research. Since 1996 I am the Head of the Nutrition and Food safety Unit at the Ghent University Department of Public Health. The research portfolio of this unit is very broad. Main current research interest is on childhood obesity and on undernutrition in low and middle income countries. See [www.publichealth.ugent.be](http://www.publichealth.ugent.be) for more information Since October 2018, the Department name (and therefore my official affiliation) has been changed into "Department of Public Health and Primary Care" (after merging with other departments within the Faculty of Medicine and Health Sciences) and I have been appointed as "team leader for research" for this new department. Ex officio I am therefore now also a member of the management board of the Department of Public Health and Primary Care and also a member of the "Faculty Research Board".

## V. Occasional consultancy

No interests

## VI. Research funding

Period: **01/05/2021 - 01/04/2025**

Organisation: **Ghent University - Special Research Fund**

*Subject matter:* Project title

Can fortified home-made food make a difference in community management of moderate acute malnutrition? A randomized controlled trial in Bangladesh

The focus of this research project is on nutritional treatment of children (aged 7 – 59 months) with moderate acute malnutrition in a rural area in Bangladesh.

Stefaan De Henauw is the main promotor of the project and supervisor of the PhD candidate for this project.

The PhD is funded for 50% by Ghent University, the other 50% is covered by National Nutrition Services, IPHN, Mohakhali, Dhaka Ministry of Health and Family Welfare Government of Bangladesh  
No private funding involved

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

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Period: **01/04/2021 - 01/03/2024**

Organisation: **Fund for Scientific Research Flanders**

*Subject matter:* FWO is a Flemish Public Fund Raising Institute

The project funded has the acronym “GrowH!” - growing up healthy  
(see <https://www.growh.eu/>)

GrowH! is a collaborative research project of the Joint Programming Initiative on a Healthy Diet for a Healthy Life (JPI HDHL). It involves 6 research partner institutions based in Belgium, Germany, the Netherlands and Spain, and 2 collaborating institutes based in Belgium and Canada.

The project started in April 2021 and will run 3 years, until March 2024.

Its main focus is on prevention of childhood obesity.

Ghent University partner (PI Stefaan De Henauw) is responsible for a work package aiming at the development of a systems approach framework for obesity prevention, based on new data collected in participating centers.

Collaboration with WHO and with other EU projects on obesity and lifestyle.

No private funding involved.

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

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Period: **01/09/2020 - 01/08/2024**

Organisation: **Fonds Wetenschappelijk Onderzoek**

*Subject matter:* Project title "The early life exposome towards appetite regulation: a focus on gut hormones" Specific objective is to better understand the living environment (including residential greenness, prenatal and postnatal air pollution, postnatal stress) as exposome towards gut hormone levels (at birth, at age of 4 and during adolescence), to study the role of specific dietary habits and physical activity patterns as a protective or risk factor of gut hormone homeostasis at birth, childhood and during adolescence and to investigate the association between gut hormones and inflammatory status (from birth till age 18) as a pathway in the developmental origin of health and disease. No private funding

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

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Period: **01/01/2017 - 01/12/2018**

Organisation: **Ghent University - Special Research Fund**

*Subject matter:* Understanding Obesity in Young Adolescents: the Role of Emotion Regulation (2017-2021) This multidisciplinary project aims to study the role of emotion regulation in human energy balance and body composition. Evidence will come from psychological and physiological outcome measures by measuring cortisol, heart-rate-variability, inflammation, energy-homeostasis, metabolomics, antropometrics, emotion regulation, eating behavior, lifestyle, parenting, stress and other psychological constructs. Funding: public

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

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Period: **01/01/2016 - 01/12/2017**

Organisation: **JPI Joint Programme Initiative**

*Subject matter:* JPI ([http://ec.europa.eu/research/era/what-joint-programming\\_en.html](http://ec.europa.eu/research/era/what-joint-programming_en.html)). Topic: ENPADASI (European Nutritional Phenotype Assessment Data Sharing Initiative) The main objective of ENPADASI is to deliver an open access research infrastructure that will contain data from a wide variety of nutritional studies, ranging from mechanistic/interventions to epidemiological studies including a multitude of phenotypic outcomes that will facilitate combined analyses in the future. Funding: public

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

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Period: **01/01/2016 - 01/12/2017**

Organisation: **Fonds Wetenschappelijk Onderzoek**

*Subject matter:* FWO (<http://www.fwo.be/en/>): is a Public Utility Foundation. Topic: Tryptophan breakdown: the relation between chronic stress and inflammation (2015-2017) Both inflammation and chronic stress have been associated with increased morbidity (e.g. cardiovascular) and mortality. Moreover, literature is increasingly convinced of a bidirectional relation with mutual stimulation. A recent finding is that stress and inflammation might stimulate the breakdown of tryptophan, the precursor of the mood-regulating serotonin. This pathway is mainly based on clinical samples of depression and lab animals. Therefore, the goal of our study is to test the relation between stress, tryptophan breakdown and inflammation in a child and adolescent population sample, respectively the ChiBS cohort 2010-2015 (stress questionnaires and hair cortisol) and the European HELENA-sample (stress questionnaires and salivary cortisol). In addition, we will test the moderating and mediating role of tryptophan breakdown in the longitudinal relation between stress, diet and the metabolic syndrome. Funding: FWO

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

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Period: **01/01/2015 - 01/12/2018**

Organisation: **Fonds Wetenschappelijk Onderzoek**

*Subject matter:* FWO (<http://www.fwo.be/en/>): is a Public Utility Foundation. Topic: Telomere project (2015-2019) This study is based on two existing cohorts (a newborn at University Hasselt and child-adolescent cohort at University Ghent). The objectives of this research proposal include: 1/ To investigate specific DNA methylation and gene expression alterations in placental tissues and cord blood of newborns and from blood leukocytes in childhood to adolescents in association with telomere length to define a telomere interactome in the first two decades of life. 2/ To study placental molecular processes for the identification of health risks posed by cumulative environmental and dietary exposures during the foetal period. 3/ To study determinants of the telomere interactome including air pollution (fine particulates), dietary patterns, vitamin D status, body composition, stress (perinatal stress and childhood stress coping) and sleep quantity and quality in newborns, children and adolescents. 4/ To investigate whether telomere length and its defined transcriptome/interactome (objective 1) is a potential mediator between the studied determinants (objective 3) and clinical phenotypes including micro-circulation, heart rate variability (HRV), blood pressure Funding: Research Foundation Flanders (FWO)

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

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Period: **01/01/2013 - 01/12/2017**

Organisation: **European Commission**

*Subject matter:* ECsafeSEAFOOD Priority environmental contaminants in seafood: safety assessment, impact and public perception. FP7, Cooperation, Food, Agriculture and Fisheries, and Biotechnology (KBBE)  
ECsafeSEAFOOD assessed food safety issues related to priority contaminants present in seafood as a result of environmental contamination (including those originating from harmful algal blooms and those associated with marine litter) and evaluate their impact on public health. Funding: EC

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

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Period: **01/01/2012 - 01/02/2017**

Organisation: **European Commission**

*Subject matter:* I.FAMILY (2012-2017) Project Investigating the determinants of food choice, lifestyle and health in European children, adolescents and their parents I.Family builds on a cohort of more than 16,000 children aged 2 to 9 years at baseline in eight European countries ranging from Cyprus in the south to Sweden in the north and from Spain in the west to Estonia in the east, established during the course of the IDEFICS study, an Integrated Project funded within the 6th EU-Framework Programme. I.Family offers the unique opportunity to study dietary behaviour and food choice with focus on whole families and their lifestyle. Funding: EC FP 7 Project Number 266044 Website: <http://www.ifamilystudy.eu/>

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

*Additional Info:*

## VII. Intellectual property rights

No interests

## VIII. Other memberships or affiliations

No interests

## IX. Other relevant interest

Period: **01/06/2018 - 01/06/2018**

Organisation: **Brood & Gezondheid / Pain & Santé (Belgium), EU funded project**

Impact on annual earnings: **0%**

*Subject matter:* June 7th 2018: Attended a half-day “expert roundtable” organized as one of the Work Packages under the framework of an EU funded project. Participants in the expert roundtable comprised scientists from academia and members from other stakeholders (including health professionals and food industry representatives). The topic of the discussion was on public health aspects of bread as vehicle of nutrients of particular public health importance in Belgium and the role and position of bread in a National Nutrition and Public Health Policy. Promotional aspects of bread consumption were not within the scope of the expert round table. No fee or travel expense received.

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## User Agreement

I confirm that:

- I think I do not have a conflict of interest with respect to my activity(ies) at EFSA
- ~~I think I have a conflict of interest with respect to my activity(ies) at EFSA~~

Remarks:

I hereby declare that I have read the [EFSA Decision on Competing Interest Management](#) implementing EFSA’s Policy on Independence and that the above declaration is truthful and complete.

Doi submitted on: 10-09-2021 - 14:26 (UTC)

Signature: SIGNED

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## Note regarding the processing of personal data

EFSA processes all Declarations of Interests (DoIs) in accordance with Regulation (EU) 2018/1725. DoI processing is necessary in order to safeguard the independence of EFSA and enable the Authority to carry out its mission and comply with its obligations under Regulation (EC) No 178/2002.

The Executive Director of EFSA is the data controller with respect to the handling of DoIs.

Concerned individuals have the right to access, rectify, erase and object to the processing of their ADol at any time. Nevertheless, for certain categories of individuals (e.g., experts), it may be a mandatory requirement to submit a DoI to EFSA so as to verify the absence of conflicts of interests and thus protect the independence of EFSA. Concerned individuals will be contacted if EFSA becomes aware of information that is not consistent with the declared interest such as on the occasion of compliance monitoring activities outlined in the relevant [Standard Operating Procedure](#).

Certain ADols shall be made publicly available in accordance with Article 38(1)(d) of Regulation (EC) No 178/2002. Furthermore, ADols may be transferred to bodies in charge of monitoring, auditing or inspection in conformity with EU Law.

The conservation period for ADols per category of data subjects is 10 years from the date of submission of the relevant ADol.

Concerned individuals may direct any queries regarding personal data processing by EFSA to the data protection officer [DataProtectionOfficer@efsa.europa.eu](mailto:DataProtectionOfficer@efsa.europa.eu). They are entitled to submit a complaint at any time to the European Data Protection Supervisor: <http://www.edps.europa.eu>

The legal basis for ADol processing is provided for in Articles 22, 37 and 38 of Regulation (EC) No 178/2002.